Lesson 4: Deborah and Barak

The LORD Fights for His People | Judges 4-5

Key verse: “So let all thine enemies perish, O LORD: but let them that love him be as the sun when he goeth forth in his might.” (Judges 5:31a)

Objective: Identify the LORD as Israel’s Deliverer, respond to His word with courageous obedience, and give Him the glory for victory.

Follow the Text

1. _____ fights for His people.
2. His servants are called to serve with _____.
3. All _____ belongs to the LORD.
4. The text plainly declares that _____ discomfited Sisera.
5. _____ belongs to God, not human strength.
6. Israel’s root problem was _____.
7. True _____ turns from sin to God.
8. God uses _____ servants who answer His call.
9. The lasting Deliverer to whom this book points is _____.

Notes

- Judges 4 plainly says the LORD defeated Sisera. Judges 5 portrays creation fighting under His rule; do not insist on details the text does not state.
- Israel’s historical national deliverance is not a direct promise of earthly conquest for the church. The God revealed in the passage calls believers to trust, obey, and praise Him.

Discuss

1. What shows that Deborah spoke God’s word rather than merely offering advice?
2. What can we learn from Barak’s hesitant but real obedience?
3. How does Judges 5 correct a self-congratulatory view of ministry success?
4. What idols can make us spiritually weak?

Further Study

Read Hebrews 11:32-34, Psalm 115:1, and Ephesians 6:10-18. Record one clear area where the Lord calls you to courageous obedience this week.